



For Immediate Release

Canadian Tire Brave T.O. racers attempt to beat the best of Toronto's first responders

SCARBOROUGH, ON (September 26, 2016) – More than 700 racers from across the Greater Toronto Area descended on Morningside Park in Scarborough on Saturday, September 24 to participate in the inaugural [Canadian Tire Brave T.O.](#)

The event's five-kilometre obstacle course, inspired by the training regimens and day-to-day challenges faced by Toronto's police, fire, and paramedic professionals, pushed participants to their limits in support of lifesaving medical equipment and building projects at The Scarborough Hospital.

Five different race waves, including General, Friendly (3km), Competitive, and Youth categories offered something for everyone. A separate race wave was reserved for actual first responders, whose finish times were used as benchmarks by all other racers to determine if they had what it takes to beat the best.

"What a thrill!" said Michael Mazza, President and CEO of The Scarborough Hospital Foundation after running the obstacle course himself.

"I don't have what it takes to beat the best, but I'm so humbled to see the outpouring of support we received for this inaugural event. Thanks to support from our racers, sponsors, volunteers, and our first responders, we're able to make a significant impact on the health and wellness of Scarborough's patients."

With leading support from five local Canadian stores and other sponsors, more than 100 youth were able to race for free to encourage active living, health promotion, and participation in physical activity.

Next year's event, scheduled for Saturday, September 30, 2017, is guaranteed to be an even bigger success. Interested participants can take advantage of a promotional \$40.00 rate by registering online at www.brave.to.

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About The Scarborough Hospital Foundation

Situated in one of the most diverse communities in Canada, The Scarborough Hospital Foundation raises funds for state-of-the-art medical equipment and building projects for The Scarborough Hospital. Since its inception, the Foundation has worked with generous donors, volunteers, and community members to raise the funds needed to help save lives, and support the hospital's vision to be recognized as Canada's leader in providing the best health care for a global community.

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